



North Country Herbalist Guild

2010 Monthly Meetings
First Wednesday of Each Month

7:00–9:00 pm

(come at 6:30–7:00 pm for tea & social time)

Bethany Lutheran Church
2511 E. Franklin Avenue
Minneapolis, MN 55406

For more information visit: www.nchnhg.org

March 3rd
Holistic Skin Care & Anti-aging
with Melissa Farris

August 4th
Compounding Herbal Formulas
with Francis Bonaldo

April 7th
Introduction to Permaculture
with PRI Cold Climate Institute

September 1st
Mushroom Foray
with Ron Spinosa

May 5th
Plant Walk

October 6th
Medieval Beer Brewing
with Scott Brown

June 2nd
TCM Herbal Plasters for
Traumatic/Sports Injuries
with Michael Egan

November 3rd
Board Elections
Salve Making with Becca Dallinger

June 25–27
Special event: Foundational
Herbcraft with Jim McDonald
**registration required*

December 1st
Silent Auction
Leading Herbs Holistic Doctors are
Using to Address Cancer and Heart
Disease with Will Winter

July 7
Sleep Health with Erin Priorier

